

Lyme Community Primary School  
PE Coverage 2022 23

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fundamental movements	Fundamental movements with different equipment	Ball skills	Physical development	Music, shapes, and colours	General Multi-Skills (prep for rec)
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Extra practice of movements.	Additional Session Ball Skills	Additional Session Dance	Additional Session Dance	Additional Session Multi-Skills
Reception	Fundamental movements	Fundamental movements with different equipment linking equipment to different sports.	Manipulation of ball skills	Physical development	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Extra practice of movements.	Additional Session	Additional Session Dance	Additional Session Dance	Additional Session Athletics
Year 1	Ball Skills	Gymnastics	SPQ (Speed, Agility, Quickness)	Bat and Ball	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Leaders Good/Bad Leaders we know	Additional Session Ball Skills	Additional Session Dance	Additional Session Cricket	Additional Session Athletics
Year 2	Ball Skills	Gymnastics	SPQ (Speed, Agility, Quickness)	Bat and Ball	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Leaders Good/Bad Leaders we know	Additional Session Ball Skills	Additional Session Dance	Additional Session Cricket	Additional Session Athletics
Year 3	Basketball	Gymnastics	SPQ (Speed, Agility, Quickness)	Bat and Ball	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Leaders Good/Bad Leaders we know	Additional Session Ball Skills	Additional Session Fitness	Additional Session Cricket	Additional Session Athletics

Lyme Community Primary School  
PE Coverage 2022 23

Year 4	Basketball	Gymnastics	Speed	Tennis	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Leadership Understand skills needed to be a good leader Understand negative leadership skills	Additional Session Skills needed in different sports Agility, balance, coordination, speed, reaction time, power etc	Additional Session Fitness	Additional Session Cricket	Additional Session Athletics
Year 5	Handball	Gymnastics	Agility	Tennis	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Leadership Understand skills needed to be a good leader Understand negative leadership skills	Additional Session Skills needed in different sports Agility, balance, coordination, speed, reaction time, power etc	Additional Session Fitness	Additional Session Rounders	Additional Session Athletics
Year 6	Basketball/Netball	Gymnastics	Quickness	Tennis	Dance	Athletics
	Additional Session Teamwork/ Communication/ Sportsmanship	Additional Session Leadership Understand skills needed to be a good leader Understand negative leadership skills	Additional Session Skills needed in different sports Agility, balance, coordination, speed, reaction time, power etc	Additional Session Fitness	Additional Session Rounders	Additional Session Athletics