

## Home Learning

Here is a suggested timetable for this week - please feel free to complete any other activities recommended on our website. If you take any photos of your work, please email them to school for us to see ([ben.widdowson@sthelens.org.uk](mailto:ben.widdowson@sthelens.org.uk)) or upload them back to Evidence Me!

| WC: 22.6.20  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|--|---|--|---|---|
| Warm Up / Get Moving   | Joe Wicks/ Cosmic Yoga / GoNoodle/ Just Dance  |   |  |   |   |
| Phonics<br><br>All the videos can be found at:<br><a href="https://tinyurl.com/y8jk4hza">https://tinyurl.com/y8jk4hza</a><br><br>(Starting back at the beginning lesson) | <p><b>'oo'</b></p> <p><i>Words to read and write:</i></p> <p><i>Look, book, took, shook, hook</i></p> <p><i>Sentence to write:</i></p> <p><i>Look at a book!</i></p>   | <p><b>'ar'</b></p> <p><i>Words to read and write:</i></p> <p><i>Car, part, start, fart, tart, dart</i></p> <p><i>Sentence to write:</i></p> <p><i>I can see a ___ car. (choose your own colour / size / type!!)</i></p> | <p><b>'or'</b></p> <p><i>Words to read and write:</i></p> <p><i>Worn, torn, thorn, born, horn, fork.</i></p> <p><i>Sentence to write:</i></p> <p><i>I ate my ___ with a fork. (what did you eat? Send a picture of your sentence!)</i></p> | <p><b>'ur'</b></p> <p><i>Words to read and write:</i></p> <p><i>Turn, burn, burp, curl, hurl, fur.</i></p> <p><i>Sentence to write:</i></p> <p><i>I need to burp.</i></p> | <p><b>'ow'</b></p> <p><i>Words to read and write:</i></p> <p><i>Cow, bow, howl, cowl.</i></p> <p><i>Sentence to write:</i></p> <p><i>My cow is brown.</i></p> |
| English  | <p style="text-align: center;"><u>As it is Health and Well-being week I want you to write all about yourself!</u></p> <ul style="list-style-type: none"> <li>- Draw a picture of just you, the bigger the better! Then have a go at labelling the different parts of your body. <ul style="list-style-type: none"> <li>- Write a list of things that make you happy (top 5 at least!)</li> </ul> </li> <li>- Write a sentence (or two) telling us where you would go if you had a magic carpet like Aladdin!</li> <li>- Write some compliments for your: family; friends and teachers! (Mr W's favourite may even get a prize!)</li> </ul> |   |  |   |   |
| Maths  | <p>Have a go at baking – can you read the numbers that you need for the measurements? Practise talking about grams when weighing and explain that we use scales to find out how heavy something is. (We love chocolate cake in school!)</p> <p>Keep a tally of your meals throughout the week. Count how many: vegetables you eat; how many pieces of fruit you have; how many fizzy drinks you have and how many sweets you eat! Are you being healthy?</p>   |   |  |   |   |



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|            |   |
|------------|---|
|            | Find out how tall you are in centimetres and compare yourself to your family. How tall do you think you will be in 1 years time? (This would be great to keep and check if they were right!)  |
| Challenges | <p>There are lots of Health and Well-being Week activities on the website too. Have a look at the Mindfulness activities and have a go (it's what we will be doing in school!) Take some time out of your day to do 'nothing', it is more important than you think!</p> <p>If you feel comfortable to – make a little video or just take a picture saying hello to the children who are back in school, so that we can send you one back!</p> |